



gluten free bread available

SANDWICHES

CHICKEN, CHEDDAR & FIG PANINI - \$10

Sliced chicken, Vermont sharp cheddar, French fig jam, mayo/mustard, served on focaccia and grilled

TURKEY, BRIE & CRANBERRY PANINI - \$10

Sliced turkey, French brie, cranberry-pecan relish, mayo/mustard, served on focaccia and grilled

PHO-RENCH DIP - \$10

Roast beef, cilantro, basil, spicy mayo on baguette served with a Vietnamese-style pho dipping sauce

PROSCIUTTO & MOZZARELLA - \$12

Prosciutto, fresh mozzarella, roasted tomato spread, local basil, **Italian olive oil**, **aromatic sea salt** on baguette

LOCAL CHICKEN SALAD SANDWICH - \$10

feast! local chicken salad, aged gouda, mayo/mustard, romaine lettuce served on ciabatta - HOT or COLD

TUNA MELT - \$11

feast! tuna salad, sharp cheddar, roasted tomato spread, served on focaccia and grilled

ROAST BEEF & CHEDDAR - \$10

Roast beef, cheddar, lettuce, tomato, mayo/mustard, served on focaccia

SPRING GRILLED CHEESE - \$9

A blend of the Cheesemonger's choice cheese on an Albemarle baking co focaccia with Mayo/mustard and local jam from Jam According to Dan - add bacon \$2

ROSEMARY HAM & GOAT CHEESE - \$11

Rosemary ham, Caromont goat cheese, Virginia Chutney Co. spicy plum chutney, arugula on focaccia and grilled

Can't decide - try both!

Sandwiches & Salads available in 1/2 portions.

VEGETARIAN SANDWICHES

AVOCADO TOAST - \$8

Avocado topped with everything spice, pickled red onion, lemon zest on Virginia country bread

FAMOUS PIMENTO CHEESE - \$8

Feast! pimento cheese, sliced cucumbers on toasted foccacia

TOFU BANH MI - \$9

Grilled lemongrass tofu, pickled carrot & diakon, cucumber, cilantro, basil, watercress, vegan lemongrass mayo on baguette

THE LOCAL - \$11

Caromont goat cheese, **feast! olive & artichoke tapenade**, roasted tomatoes, arugula, on ciabatta bread, grilled

MARGHERITA PANINI - \$9

Fresh mozzarella, sliced tomatoes, local basil pesto, **feast! aromatic sea salt**, served on focaccia and grilled

ADD: + \$3 -chicken salad, tuna salad or grilled chicken
+ \$2 -deli meat, bacon

SALADS & SOUP »»»

BOWLS & SALADS

WINTER CAESAR FARRO BOWL - \$9

Kale, romaine, parmesan, croutons, lemon, Caesar dressing & farro - add grilled chicken \$3

CHICKEN, AVOCADO & RANCH BOWL- \$12

Lemon & herb grilled local chicken, feta, spinach, roasted red peppers, sunflower seeds, avocado, rice with **feast! herb ranch dressing**

SOUTHWESTERN BOWL- \$11

Avocado, esquite, **feast! salsa**, black beans, feta, tortilla chips, roasted poblano peppers, creme fraiche, cilantro over roasted tomato rice

MEDITERRANEAN SALAD - \$12

Mixed greens, **feast! tuna salad**, **feast! white bean salad**, artichoke hearts, roasted tomatoes, oil-cured olives, Greek manouri cheese, **feast! balsamic vinaigrette**.

FEAST! LOCAL CHICKEN SALAD - \$10

Spinach, arugula, **feast! chicken salad**, pickled red onions, sweet & spicy pecans, golden raisins, **feast! sweet Moscatel vinaigrette**

COBB SALAD - \$10

Chopped romaine lettuce, cheddar cheese, hard boiled egg, bacon, tomato, green onion, **feast! blue cheese dressing**

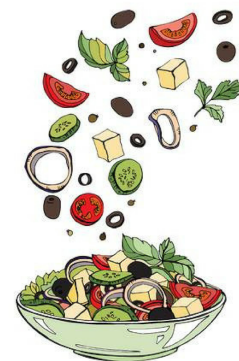
WINTER SALAD - \$10

Local mixed greens, roasted broccoli, roasted cauliflower, dried cranberries, manouri cheese, pickled fennel vinaigrette

KALE SALAD - \$8

Fresh kale with Parmigiano Reggiano cheese and croutons, **feast! lemon tahini dressing**

Can't decide - try both!
Sandwiches & Salads
available in 1/2
portions.



HOT LUNCH

MAC 'N CHEESE - \$8

Cheddar & pecorino bread crumbs
-add truffle oil + \$.50

SOUPS

Selection changes daily
Check the specials board!

Served with fresh baked bread

CUP of soup: \$4

BOWL of soup: \$6

KIDS MENU

Served with fresh fruit salad

GRILLED CHEESE - \$5

LOCAL PB & J - \$5

TURKEY & CHEDDAR - \$5



ADD: + \$3 -chicken salad, tuna salad or grilled chicken
+ \$2 -deli meat, bacon

SANDWICHES »»»